

Calder Vale Walk: Peewits and Pheasants

Start Point

Cobble Hey Farm & Gardens

SD 536 449



Distance/Time

5.5 miles

3 hrs



Terrain

Tracks and fields,
Gates and Stiles,
Can be wet
underfoot.

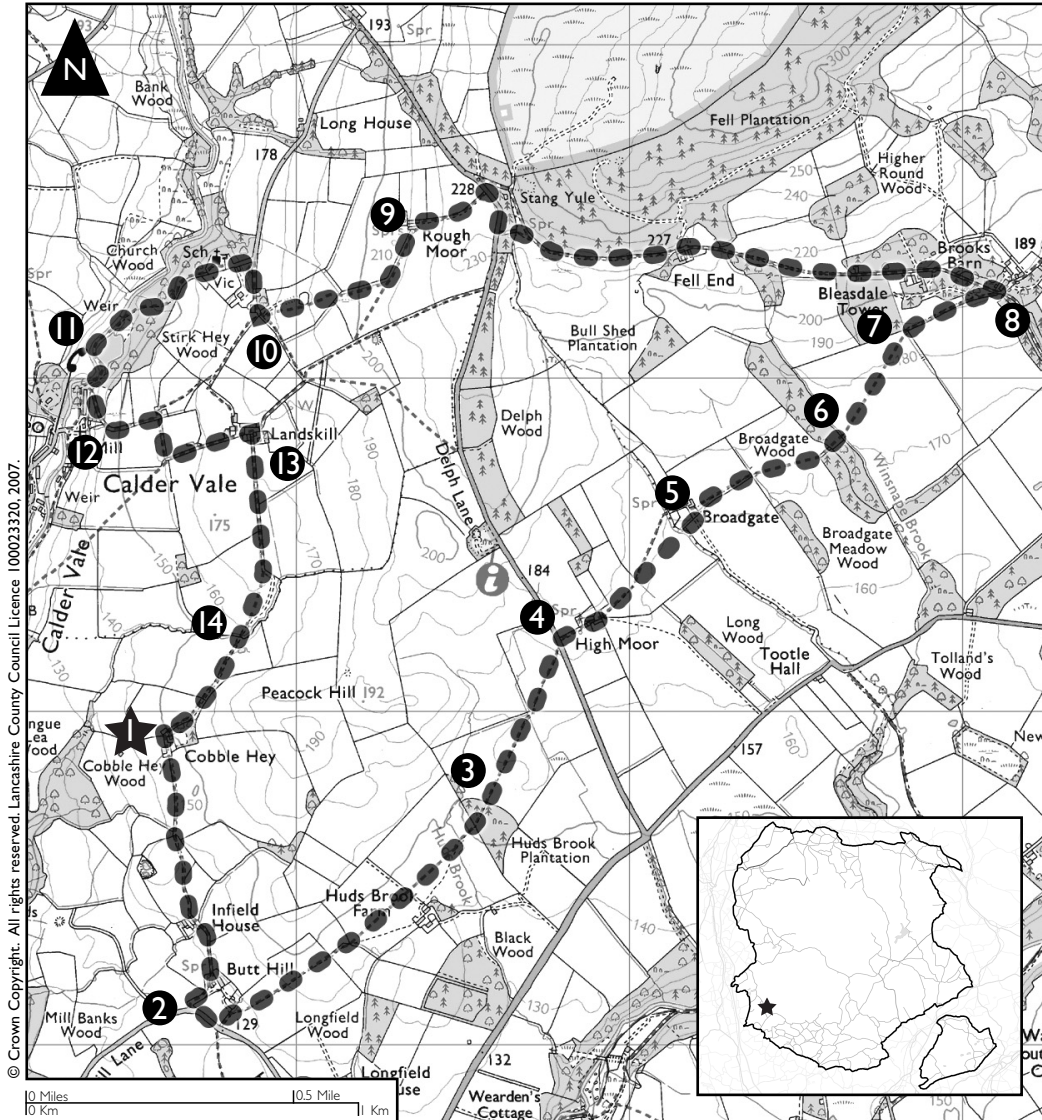
OS Explorer

OL41

'Forest of Bowland
and Ribblesdale'

Walk Description

This route is waymarked with a brown disc labelled 'Calder Vale Walk Brown'.



- 1 Head south from Cobble Hey and along the track to the road.
- 2 Turn left along the road and take the first stile on your left. Cross several fields keeping to the left of Huds Brook Farm, and go through the wood.
- 3 Cross two fields onto Delph Lane.
- 4 Turn left up Delph Lane and take the first right along a track to High Moor Farm. Follow the concessionary path around the farmyard, and into a big field.
- 5 Head past Broadgate Farm passing the farm buildings on your left and through a kissing gate onto a track.
- 6 Follow the track through a narrow band of woodland into a field.
- 7 Cross the field passing Bleasdale Tower on the left and continue to the tarmac track.
- 8 Turn left and follow this track until the tarmac ends, turn left, go through a narrow wood and out onto a road. Turn right up the road, then left along a track to Rough Moor Farm.
- 9 Just before the farm take a stile on the left into a field. Cross this field to another stile at a fence junction.
- 10 Turn right along this track and then left to pass through the churchyard and out onto the tarmac path down the hill, through the woods to Calder Vale.
- 11 Leaving the woods as you enter Calder Vale bear right along the front of Long Row Cottages. At the end of these cottages turn left, up the steep steps, and turn right onto the farm road.
- 12 Follow the farm road to enter Landskill farmyard.
- 13 Pass Higher Landskill farmhouse and turn right, and down to the end of the hedged track. Keeping the fence on your left pass through two gates and down to and over a stream and through the gate in the wall.
- 14 Continue straight ahead up through the field, heading for the gate ahead to lead you along a track into Cobble Hey farmyard.



Calder Vale Walk: Peewits and Pheasants

About This Walk

Cobble Hey is a good breeding area for a variety of wading birds such as lapwing, curlew and redshank.

The lapwing, also known locally as a “tewit” can be recognised by its wispy, black crest. The birds are particularly protective of their young chicks and will think nothing of mobbing anything that comes too close to their nest or chicks.

Pheasants, now found in most areas of the countryside are not native to the British Isles, having been introduced in the 11th or 12th century. They are a very popular game bird.

Bleasdale is a small privately owned estate. Bleasdale Tower was originally a shooting lodge, but in 1847 it was rebuilt and enlarged by William James Garnett. Garnett was a philanthropist and agricultural reformer, as well as an MP for Lancaster 1857-64. Garnett also set up, on the estate, one of the first reformatory schools in the country.

Sustainable Tourism

The Forest of Bowland Area of Outstanding Natural Beauty (AONB) is a protected landscape that has international importance for its heather moorland, blanket bog and rare birds. In 2005 the AONB became the first protected area in England to be awarded the European Charter for Sustainable Tourism in Protected Areas, joining just 30 other areas across Europe. The Charter is awarded to protected areas that are delivering tourism that is both nature and landscape friendly and which contributes to the economic development of the region. The Charter approach ensures that organisations, local people and businesses are working together to protect the area, whilst at the same time increasing opportunities for visitors to discover and enjoy its special qualities.

You can contribute to sustainable tourism by:

- Leaving the car at home and using public transport instead
- Purchasing local products, including food and drink
- Making a donation to the Bowland Tourism Environment Fund through donation boxes at participating businesses in the area

Countryside / Moorland Code



From a gentle stroll or relaxing picnic, to a long-distance walk or heart-pumping adventure, the countryside provides every opportunity for enjoyment and relaxation. If you follow the Countryside Code wherever you go, you'll get the best enjoyment possible and you'll help to protect our open spaces now and for future generations.

1. Be safe - plan ahead and follow any signs
2. Leave gates and property as you find them
3. Protect plants and animals, and take your litter home
4. Keep dogs under close control
5. Consider other people
6. Prevent uncontrolled moorland fires

Safety

If you are going for a walk, it is strongly recommended that you:

- Dress appropriately - avoid wearing denim and any other clothing, which doesn't dry quickly. It is better to wear lots of lighter layers, which can be easily removed or added. Sturdy footwear and waterproofs are also a must
- Carry the right equipment - including an Ordnance Survey Map (OS Explorer OL41); compass; small first aid kit; high energy snack; something to drink; mobile phone (be aware that coverage can be patchy); whistle
- Always let someone know where you're going and what time you expect to be back
- Do not take any unnecessary risks.

If you are in difficulty or see someone in difficulty, please dial **999** and ask for **Mountain Rescue**

To report any other incident contact:

- **Countryside Service** - **01772 534 709**, open 9am-5pm, Monday to Friday
- **Lancashire Constabulary** - **0845 1 25 35 45** or **999** for emergencies